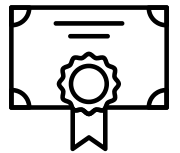




# Fitness Pilates

## Fitness Pilates Strength and Conditioning Workshop



THIS IS AWARDED TO

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Completed the 2 hour Fitness Pilates Strength and  
Conditioning Workshop with Choreographytogo

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Date



A stylized, handwritten signature in grey ink, appearing to be 'J. W. D.' or similar, positioned above a horizontal line.

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Signed